



Edible Slime

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You will need:
1/4 cup chia seeds
1 3/4 cup water
Food colouring
3-4 cups of corn flour

Instructions:

1. Mix the chia seeds, water and food colouring together
2. Cover and place in the fridge overnight.
3. Uncover and add the corn flour, about 1 cup at a time. Mix and continue adding until you achieve your desired consistency. Slimy but can be easily taken off hands.
4. Store in the refrigerator. You may need to add a little water each time you take it out to use. This reactivates the slime.